

# NOSHES

## Nosh Plate | 15.25

salami, prosciutto and aged cheddar, with crackers, local chutney and nuts

## LUSH Steak Bites | 16.25 <sup>GF</sup>

a LUSH favorite, bite-sized steak, pearl onions, mushrooms in a demi glaze, perfect for sharing

## Nachos <sup>GF</sup>

black bean & corn | 10.25 <sup>Veg</sup>  
beer-braised pork | 12.25  
chicken or buffalo chicken | 12.25  
ground beef | 12.25  
steak | 14.25  
vegan with beyond meat | 14.25 <sup>V</sup>  
add 2oz. guac | 3

## Quesadilla

black bean & corn | 10.25  
beer-braised pork | 12.25  
chicken or buffalo chicken | 12.25  
ground beef | 12.25  
steak | 14.25  
vegan with beyond meat | 14.25 <sup>V</sup>  
add 2oz. guac | 3

## Cheese Curds | 9.25 <sup>Veg</sup>

served with choice of dipping sauce

## Chips Salsa | 8.25 <sup>GF</sup> <sup>V</sup>

fresh homemade chips and fire-roasted salsa  
add 2oz. guac | 3

## Hummus | 9.25 <sup>V</sup>

with tabouli and toasted focaccia

# WINGS

choice of cajun dry rub, bbq, buffalo or teriyaki, with ranch or blue cheese dipping sauce

## Bone-In Wings | 11.25

## Boneless Wings | 15.25

# GREENS

## Steak Salad <sup>GF</sup>

romaine lettuce, watermelon, fresh mint, with a citrus vinaigrette  
whole 18.25

## Strawberry Salad <sup>GF</sup> <sup>Vr</sup>

shredded lettuce and spinach, candied pecans and blue cheese with balsamic vinaigrette  
Half 8.25 | whole 14.25  
add grilled chicken or steak | 5

## Fried Chicken Salad

boneless wings, lettuce, tomato, shredded jack cheese, pickles, with ranch dressing  
whole 13.25  
make it buffalo wings | +1

## Watermelon Salad <sup>GF</sup> <sup>Vr</sup>

cubed watermelon with mint and feta tossed in a citrus vinaigrette  
whole 8.25

## Microgreen Salad <sup>GF</sup> <sup>V</sup>

With seasoned crumbles, cucumber relish tossed in a citrus vinaigrette  
whole 6.25  
add grilled chicken or steak | 5

# TACOS

choose soft corn <sup>GF</sup> or flour tortilla

add shredded cheese, sour cream or pico de gallo | 1  
add vegan cheese | 3  
add 2oz. guac | 3

add rice & beans | 2

make it a lettuce & spanish rice bowl | +3

## LUSH Taco | 3.25 <sup>Vr</sup>

with diced onion, cilantro and fresh lime.  
choose ground beef, achiote-braised chicken or black bean & corn

## Premium LUSH Taco | 5.25 <sup>Vr</sup>

with diced onion, cilantro and fresh lime.  
choose steak, beer-braised pork, jackfruit or beyond meat

## Steak | 5.25

with lettuce and tomatillo salsa

## Pork | 6.25

indeed brewery beer-braised shredded pork from iron shoe farm with lettuce and tomatillo salsa

## Guac | 6.25 <sup>V</sup>

guacamole taco with lettuce and pico

## Jackfruit | 5.25 <sup>V</sup>

bbq jackfruit with lettuce and tomatillo salsa

# SANDWICHES

served ala cart | add a side

## LUSH Burger | 13.25

aged gruyere, smoked garlic aioli, lettuce, tomato on a white bun

## Beyond Burger | 15.25 V

plant-based vegan burger with lettuce, tomato, pickles and vegan cheese on a focaccia bun

## Picnic Burger | 13.25

beer-braised pork on a beef patty with artisanal mustard and pickles on a white bun

## Cali Turkey Club | 13.25

sliced smoked turkey with bacon, lettuce, avocado, tomato and garlic aioli on toasted wheat

## Patty Melt | 13.25 Vr

burger patty, caramelized onions, gruyere cheese on grilled wheat bread

make it vegan with beyond meat and vegan cheese | +3

## BLT | 13.25

classic bacon, lettuce and tomato with garlic mayo on toasted wheat bread

## Chicken Sandwich | 11.25

choose grilled or fried. with lettuce, tomato and mayo on a white bun.

## Boneless Wing Wrap | 13.25

with lettuce, tomato, shredded jack cheese, ranch and pickle slices in a flour tortilla  
make it buffalo wings | +1

## Burrito | 13.25 Vr

ground beef or beyond burger burrito with spanish rice, lettuce, pico de gallo and cheese (vegan cheese with beyond meat)  
served with chips and salsa  
add guac | 3

## Grilled Cheese | 10.25 Veg Vr

gruyere and cheddar  
add bacon | 2  
add tomato | 1  
add caramelized onion | 1  
vegan cheese | 3

# SWEETS

## Chocolate Torte | 7.25 GF

garnished with fresh berries

## Carrot Cake | 9.25

tall slice with cream-cheese frosting

## Key Lime Pie | 7.25

garnished with whipped cream and lime slice

## Ice Cream or Sorbet | 7.25

flavor of the moment

# SIDES | 5 V

## Tots

## Rosemary Potatoes

## Sweet Potato

## Cup of Rice & Beans

## Sweet Potato Fries

## Skinny Fries

## Watermelon Salad Cup Vr

# SAUCES

## Chipotle Aioli GF Vr

## Garlic Aioli GF Vr

## Ketchup GF Vr

## Spicy Ketchup GF Vr

## Ranch GF Vr

## Blue Cheese GF

## Salsa GF Vr

# DRESSING

## Balsamic Vinaigrette GF Vr

## Citrus Vinaigrette GF Vr

## Ranch GF Vr

## Blue Cheese GF

## A Note on Vegan and Gluten-Free Items

Due to our small kitchen, all vegan and gluten-free items share cooking space with other foods. Careful attention is paid executing our vegan and gluten-free items with the highest quality and care, however, please note our kitchen is not a completely gluten-free environment.

V=vegan Vr=vegan ready

Veg=vegetarian GF=gluten free

Reservations available at

[LUSHmpls.com](http://LUSHmpls.com)

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Gratuity may be automatically added to groups of 8 or more.